

Please read and follow these instructions carefully. The Procedure cannot be completed if you are not fully prepped for the scheduled procedure and you will be rescheduled.

Procedure Preparation

Purchase at the Pharmacy/Grocery Store:

- 2 Fleet Enema's

**If you are taking any blood thinners, please contact the physician who ordered the medication for instructions.*

Medication Instructions

Please inform us before you schedule the procedure if you have any of the following:

- An internal defibrillator
- Latex allergy
- Are on home oxygen
- If you take antibiotics for dental procedures, please contact the prescribing physician for instructions
- If you take ANY other medications, please refer to the next page for additional instructions

If you are diabetic:

- Hold your diabetic medication the morning of the test.
- If you take insulin, take ½ of your normal dose the night before and ½ of your normal dose the morning of the procedure.
- Use sugar-free drinks for liquids, like Crystal Lite, during the prep (to avoid increase in blood sugar) and monitor your blood sugar closely to prevent low blood sugar. *If your blood sugar is low, you may drink a sugary beverage.*

Day of Procedure

Administer the Fleet Enema at least 2 hours to 4 hours prior to your arrival time

Reminder:

- Do not eat or drink anything before your procedure
- Dress in light, loose clothing.
- Do not wear makeup, nail polish, jewelry, hairspray, or perfume of any kind.

Bring:

- Insurance Card
- Identification Card
- All your current medications and dosages.
- An eyeglass case if you wear glasses.

**You will receive a phone call from the facility 1-2 days before your procedure with your report time*

If you have any questions about these instructions, please call our office at 302-892-9900.